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RULES FOR AIR RIFLE SUPPORTED COMPETITION

(these rules replace those for the event formerly known as the Air Rifle Benchrest Competition)

1. **THE MATCH**

a) May be contested in either of 2 positions as follows:

Standing – It is anticipated that able-bodied shooters and juniors will adopt this position.

Sitting – it is anticipated that disabled shooters, shooters over 70 years of age and able bodied shooters who have a medical reason not to shoot in the standing position, may adopt this position.. Shooters will sit on a stool with no backrest.

Where a disabled shooter uses a wheelchair, this must be in accordance with the ISCD rules for their disability.

b) Targets will be ISSF 10 metres Air Rifle targets.

c) Time limit – 1 hour and 30 minutes.

d) Course – 60 shots plus unlimited sighters at 10 metres.

2. **EQUIPMENT**

a) **Rifle**:- ISSF rules for 10 metres Air Rifles to apply, however a wedge may be used to make the bottom of the fore-end parallel to the barrel. This should be no wider than 60mm. (Rule 7.4.3.7D re the depth of the fore-end, will then not apply.)



b) **Stand**:- A stand will be used to rest the rifle – it may be placed on the bench or on the floor.

i. The top of the stand may be made of a round pipe or square flat tube or of flat material but will measure no more than 150mm in width and length, will be at right angles to the stand, and will not be adjustable except for height.

iii It may have a top surface of soft fabric no more than 10mm in thickness – this to prevent damage and scratching to the rifle stock. The surface will not be of a “gripping” material which would hold the rifle in position.

iv A bag similar to the fore-end bag on a benchrest stand is not permitted.

v The top of the stand may have sides to prevent the rifle from slipping off (see diagram) – however these sides must be positioned such that the rifle is not gripped, held in place, or be in contact with the rifle at any time during the execution of a shot.

3. **CLOTHING**

a) Shooting jackets, shooting trousers, shooting boots and shooting gloves as described in ISSF rules and used in 10M air rifle are not permitted.

4. **POSITION**

a) The event will be shot with the competitor in a position as described in section 1(a) above.

b) During the execution of the shot:

i) The rifle will be placed in the shoulder and may be supported with both hands and the cheek with the fore-end resting on a Stand as defined above.

ii) **LEFT HAND/ARM** (*for left hand shooters please read as Right hand/arm*) the left hand **must** be positioned under the rifle and between the trigger guard and the top of the stand. (It must not be placed above the rifle, or in front of the stand)

iii) No part of the body may come in contact with the stand or the shooting bench.



*Shooters are advised that this is a draft set of rules for a new event.
They will be updated where considered applicable over the coming months.*

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be active.